

	Subject / Content	Depth required to be assessed as Competent
Section1. Know		•
Sets out the mir	nimum knowledge requirements in respect of respiratory protective equipmen	it. [Mandatory]
1.1	A general understanding of RPE use in the workplace	Demonstrates a general
General		understanding of HSG 534 th
knowledge		Edition
		Demonstrates in depth knowledge and understanding of HSG53 paragraphs 36-39, 25-32 and 33 - 35.
		Demonstrates an understanding of the terms 'adequate' and 'suitable' in relation to RPE
	Understanding of	selection and fit testing.
	The nature of potential hazards which RPE can protect against	Demonstrates in depth knowledge and understanding of HSG 53 paragraphs 45 & 47-48 and information in Table 1.
	Implementing RPE use in the workplace	Demonstrates in depth knowledge and understanding of HSG 53 paragraphs 76-8, 84-86 and 90 - 97.
	 The need for training in the use of RPE 	97.
		NB. The ability to select suitable and adequate RPE is not required during the assessment however the candidate should have the ability to Identify where the selection of RPE is obviously incorrect.



1.2	Understanding of Protection factors and fit factors:	Demonstrates an understanding
Protection factors	 Fit factor Assigned PF Nominal PF 	and the correct application of the term fit factor and of the various protection factors defined in EN529 para 3.2, 3.6, 3.11, & HSE282/28 para 33
1.3 Types and classes	Knowledge of the range of RPE available	Demonstrates in depth knowledge and understanding of HSG 53 paragraphs 11-18, & EN529 Section 4.
	 Filters Negative pressure filtering respirators Power assisted filtering respirators Powered filtering respirators 	General understanding of all generic RPE types: ➤ Filtering devices ➤ Breathing apparatus
	 Air-fed devices Fresh Air Hose Self Contained Breathing Apparatus 	Recognises and can identify different models and classes of RPE.
		Demonstrates a general knowledge of the range of RPE, their function, capabilities and limitations as included in HSG53 pages 28-42
		NB. This does not have to be manufacturer specific although an awareness of different manufacturers' models would be desirable.



Understanding of the purpose of, and demonstrates a practical ability in:	Knows and can demonstrate how to assemble and check the
 Assembly of facepiece Examination of facepiece Exhalation valve Filter (differentiate between that used for the fit test and that used in use) 	condition of the facepiece prior to fit testing Knowledge of COSHH Reg. 8(1) and para 168(c)
Head harness	Knowledge of manufacturers' instructions
Understands:The nature and significance of wearer related factors	Demonstrates in depth knowledge and understanding of HSG 53 paragraph 'wearer related factors' pages 18-20 and information in Table 3and in HSE 282/28 para 98.
The importance of following the manufacturer's instructions	Knowledge of COSHH Reg. 8(1) and para 168(c)
 Generic rules for donning Understanding of the purpose of and demonstrates a practical ability in: Fit checking Visual inspection of fit 	Demonstrates the ability to give instruction on correct donning including fit-checking Demonstrates the ability to recognise a poor fit and give appropriate corrective advice
	Understanding of the purpose of, and demonstrates a practical ability in: Assembly of facepiece Examination of facepiece Exhalation valve Filter (differentiate between that used for the fit test and that used in use) Faceseal Head harness Understands: The nature and significance of wearer related factors The importance of following the manufacturer's instructions Generic rules for donning Understanding of the purpose of and demonstrates a practical ability in: Fit checking



	ole of Fit Testing	
Sets out the mini	mum knowledge and understanding requirements in respect of the need for fi	t-testing of respiratory protective
equipment. [Man	datory]	
2.1 Required Legal Knowledge and Understanding	 Understands the role of RPE Fit Testing, plus: Where to find relevant regulations e.g. COSHH, CAR etc. The need for training in the application of fit testing 	Demonstrates in depth knowledge and understanding of the role of RPE fit testing and where this fits into the legal framework - HSE282/28 parts 1 & 2. Also: HSG 53 para 84-86 COSHH Reg. 7 relating fit testing (158-162) CAR Reg. 11 relating to fit testing (301-309)
2.2 Purpose of fit testing	Understands the purpose of fit testing and when it is required • Understanding of the term tight-fitting and the applicable types of facepiece • When fit testing should be carried out • When it doesn't need to be carried out • When fit testing should be repeated When you should not carry out fit testing • When the requirements on the wearer are not fulfilled • When you believe that the device is inadequate for the workplace conditions.	Demonstrates understanding of the purpose of fit testing, which type of RPE requires it & when fit testing is inappropriate.



respiratory protecti	um knowledge and understanding requirements in respect of the principles involve equipment fit testing. [Mandatory]	
3.1 Fit test methods	 Qualitative bitrex, saccharin, isoamyl acetate- (wearer must be sensitive) Quantitative Portacount, (sufficient ambient particle count, wearer generated particles) Quantitative test chamber (need facilities and expensive equipment) Quantitative CNP (high demands on wearer holding breath etc.) Types of facepiece which may be tested with each method and why Type of filter which needs to be used and why Problems which may be encountered 	Demonstrates knowledge of how each of the fit test methods included in 282/28 works and their limitations of use Aware of problems and takes appropriate actions
3.2 Fit test exercises	Fit test exercises	Understands the purpose of the exercises. Provide suitable instructions Employs the exercises Understands actions if wearer is unable to carry out exercises
3.3 Information for and requirements of the wearer	 Understanding of what the test involves Smoking Eating and drinking Facial hair Wear other head worn PPE or medical corrective devices which will be required when working 	Understands the important factors to be considered before performing a fit test. Considers relevant H&S Understands the role and responsibility of the employee in relation to fit testing HSE 282/28 Para 98
3.4 Requirements of employer	 Adequately communicated information and requirements to the wearer Arrange for suitable spectacle frames to be available if spectacles are required for working whilst wearing a full facemask Suitable room if the test is to take place on the employers premises Declaration that the wearer is medically fit to carry out the fit test (preferably in writing from the employer) 	Understands the role and responsibility of the employer in relation to fit testing



3.5 Examination of facepieces for adequate condition for fit testing	Facepiece body clean and undamaged including faceseal Visor clean and undamaged Head harness adjustable and undamaged Valves present and in good condition.	Knowledge of how to assemble and to check the condition of the facepiece prior to fit testing
3.6 Record keeping	 Wearer details Facepiece details Results Service provider details Equipment details 	Knows what details to record Take suitable care with data
3.7 Preparing the wearer	 Explain purpose of a fit test and how this test works What will be required of the wearer, e.g. breathe through mouth for QLFT, exercises, indicate when can taste/smell the test agent Check wearer requirements re facial hair, smoking, eating etc Wearer dons facepiece correctly following manufacturer's instructions Wearer correctly carries out fit check Visual inspection of fit Wearer tries out treadmill, step, bike (knows how to operate device) Means of communicating with wearer confirmed 	Understands the role and responsibility of the employee in relation to fit testing Takes due care H&S Explains the purpose of the fit test Explains what is required from the wearer Knows when to refuse to conduct a fit test



3.8 Post test requirements	 Cleaning & disinfection of facepiece and fit testing equipment Removal of probes Putting the RPE back into service De-brief wearer on fit test findings 	Understands the importance of cleaning & disinfection Takes suitable step to ensure correct functioning of the fit test equipment Knows how to remove probes and
3.9 Diagnosing failures	 Visual examination of the face fit Corrective actions before re-testing Fit test equipment diagnostic checks Visual examination of the facepiece (3.5) 	put the RPE back into service. Knowledge of possible problems that may cause an unsuccessful fit test. Understands what actions to take following an unsuccessful fit test. Demonstrates the practical ability to investigate the possible causes of an unsuccessful fit test and takes appropriate actions Understands the implications of an unsuccessful fit test. HSE282/28 paras100 –10 and, 117. Fit test equipment manufacturer's instructions.



3.10 Interpretation of results	Understands • the pass/fail criteria applicable to the type of RPE tested • the factors that lead to uncertainties in the fit test results • how to correctly recognise and interpret fit test results where the result is	Demonstrates knowledge of the idiosyncrasies of the fit testing equipment being used and the potential factors that may give
	borderline or could have been affected by a factor other than fit.	false results, potential reasons for failures, characteristics of generic masks types and inherent design issues of the RPE and fit test method that would have adverse effects on the fit test result
Ossilar 4 Fil Tax		HSE282/28 para 24.

Section 4. Fit Test Methods

Presented as a series of optional elements, this section sets out the specific knowledge and understanding requirements necessary to carry out each method of fit-test and for each type of respiratory protective equipment. [Compliance with one or more of the optional elements is mandatory]

Method 1. Qualitative fit testing using a taste responsive method		
4.1.1 Knowledge of equipment required	An understanding of: • Principles of the taste test. • When it is appropriate to use this method.	Demonstrates what equipment is required and the standards that are relevant to the equipment Demonstrates knowledge of report
		format defined in HSE 282/28 para 84. Ref. Manufacturer's Instructions & HSE 282/28Para 53
4.1.2	An understanding of:	Demonstrates an understanding of
Environmental requirements	Need for a well ventilated room.	what environmental requirements are necessary for QLFT



4.1.3 How to prepare the equipment	 Preparing the hood Filling the nebulisers, checking correct functioning Checking the facepiece and user instructions 	Demonstrates knowledge of how to prepare the fit test equipment and check that it is working
The K	Checking the facepiece and user instructions	correctly prior to the test as defined in manufacturers' instructions and HSE 282/28 para 51
4.1.4 Sensitivity test	Conduct sensitivity test: Brief wearer. Conduct test. Record result.	Demonstrates knowledge of conducting sensitivity test as defined in manufacturers' instructions.
		Takes appropriate step and actions in appropriate sequence.
4.1.5 Fit test	Conduct fit test: Brief wearers on the conduct, safety and test procedure: Observe donning of respirator and fit check	Demonstrates in depth understanding of manufacturers' instructions.
	 Ensure palette is clear of residual taste from the sensitivity test Maintain control of the wearer during the test Ensure the appropriate concentration of test agent is maintained throughout the test 	Demonstrates knowledge of exercises defined in HSE 282/28 para 81.
	 Observe the wearer and function of equipment throughout test Record results. Clean equipment. 	Demonstrates understanding of the meaning of the results and ability to explain the consequences of the result.



4.1.6 Troubleshooting	An understanding of: • The options available following a negative response to the sensitivity test • When a re-test is appropriate • Examination of the facepiece • What to communicate to wearer and employer • Diagnose and rectify problems with the fit of the facepiece • Diagnose and rectify problems with the fit test equipment	Demonstrates knowledge of troubleshooting following manufacturers' instructions and general knowledge of test method.
4.1.7 Interpretation of results	 An understanding of: What to consider if the wearer completes the test without tasting the test solution What to consider if the wearer indicates that they taste the test solution What to consider if the wearer indicates that they think they may have tasted the test solution 	Demonstrates knowledge of the circumstances which may influence the result of the test
Method 2. Quant	itative fit testing using a Particle Counting Device (TSI Portacount Respirate	or Fit Tester)
4.2.1 Knowledge of the Portacount	 An understanding of: How the Portacount functions and how it can be used to assess the fit of tight fitting RPE. The modes of operation. Safe use of the Portacount 	Demonstrates an understanding of how the Portacount works and its role in fit testing Ref: TSI Portacount Operation and Service Manual. Ref: www.tsi.com Understands the safety risks and how to control them when using or maintaining the Portacount Ref: TSI Portacount Operation and Service Manual



SIF RPE FIT LEST	Accreditation Scheme 'Fit2Fit' – Syllabus January 2015)
4.2.2	An understanding of:	Demonstrates a good understand
Set-up the	• The environment required for Portacount Quantitative fit testing.	of the considerations when
Portacount ready	How to assemble hardware ready to perform daily checks.	selecting a suitable location.
for use.		
	Configure the software and perform the following tasks:	Demonstrates awareness of
		minimum ambient particle
	Select/create a user database	concentration.
	Populate people database.	D
	Populate the respirator database.	Demonstrates practical skill in
	Select applicable protocol database.	setting—up the Portacount /
		computer and using the software
	An understanding of daily checks:	Ref: Portacount -Operation and
	Their purpose and how to perform them.	Service Manual.
	The causes of failure.	Ref: www.tsi.com
		Demonstrates use of the daily
		check software. Understanding of
		what it does, and remedial action
		which may be necessary.
		Ref: Portacount Operation and
		Service Manual.
		Ref: software user manual.
		Ref: www.tsi.com



4.2.3 Prepare a RPD for fit testing using an adaptor	 Use an adaptor kit to prepare a RPD for fit test: Use adaptor kit with inlet valve access. Use adaptor kit with outlet valve access. Use suitable filter-s for fit testing Correctly position the sample tube termination 	Demonstrates practical skill in preparing RPD for fit testing. Ref as per manufacturers' adaptor kit user instructions. Portacount Operation and Service Manual. Ref: www.tsi.com HSE 282/28 paras 55,56,57 &58
4.2.4 Conduct a fit test	Perform a quantitative fit test using the Portacount on an individual wearing an RPD. Brief wearer on the conduct, safety and test procedure Observe donning of respirator and conduct pre- use fit check Maintain control of the wearer during the test Observe the wearer and function of equipment throughout test Record results Clean equipment Procedures if fit test fails: Investigate reason for fit test failure Fit Test Equipment Wearer	Demonstrates in depth understanding of and practical skill in how to perform a fit test. Demonstrating consideration for the safety of the wearer Portacount Operation and Service Manual. Ref: software user manual Ref: www.tsi.com Ref: Portacount Operation and Service Manual. Ref: software user manual. RPD manufacturer user guide. Ref: www.tsi.com
4.2.5 Post fit test requirements	Close down the Portacount and pack away.	Demonstrates an understanding and practical skill in how to close down the Portacount. Ref: Portacount Operation and Service Manual. Ref: www.tsi.com



4.2.6 Portacount maintenance	 Perform user maintenance task on the Portacount as required Requirements for calibration 	Demonstrates an understanding of what user maintenance is required and the knowledge and practical skills required for carrying these out.
		Ref: Portacount Operation and Service Manual. Ref: www.tsi.com
4.2.7	An understanding of:	Demonstrates knowledge of
Troubleshooting	 When a re-test is appropriate. Examination of the facepiece. What to communicate to wearer and employer. Diagnose and rectify problems with the fit of the facepiece Diagnose and rectify problems with the fit test equipment Suspiciously high fit factors 	troubleshooting following manufacturers' instructions and general knowledge of test method.
4.2.8	Interpretation of results	
Interpretation of results	Border line passWearer generated particles	
	 Out of trend pass fit factors 	



Method 3. Quantitative fit testing using a Particle Counting Device (TSI Portacount Plus Respirator Fit Tester)-and N95 Companion or TSI Portacount Pro+ 8038 with in - built N95 Technology		
4.3.1 Set-up and ready for use	Portacount Pro+; Demonstrates capability to use built in N95 facility. Portacount Plus 8020 with N-95 companion; Demonstrates how to connect the N95 Companion to the Portacount Plus 8020and set up software ready for fit testing disposable FFP/ half mask: Knows how to set-up and operate the particle generator 8026.	Demonstrate knowledge and the skills required to set-up equipment for fit testing filtering facepieces. Ref: Portacount Operation and Service Manual. Ref: N95 Companion Operation and Service Manual. Ref: Model 8026 Particle Generator Operation and Service Manual. Ref: www.tsi.com
4.3.2 Conduct a fit test	Perform a quantitative fit test using the N95 and Portacount on an individual wearing an RPD. Prepare RPD for fit testing (4.2.4) Brief wearer on the conduct, safety and test procedure Observe donning of respirator and fit check Maintain control of the wearer during the test Observe the wearer and function of equipment throughout test Record results Clean equipment	Demonstrate individual ability to perform a fit test. Ref: Portacount Operation and Service Manual. Ref software user manual. Ref: Model 8026 Particle Generator Operation and Service Manual. Ref: N95 Companion Operation and Service Manual. Ref: www.tsii.com
	Procedures if fit test fails: • Investigate reason for fit test failure Fit Test Equipment • Wearer.	



4.3.3	Closedown Portacount.	As above
Closedown	Closedown i ortacount.	TIS GOOVE
hardware		
components and		
_		
pack away.	Selection of particle generator model 8026 user maintenance task.	Prepare maintenance task for
Perform	Selection of particle generator model 8020 user maintenance task.	student:
		student.
maintenance task		D C M 11002C D C 1
on the Particle		Ref: Model 8026 Particle
generator model		Generator Operation and Service
8026	0.1 1 0.10%	Manual. Ref: www.TSI.com
4.3.5	Selection of N95 companion user maintenance task	Prepare maintenance task for
Perform	Requirements for maintenance	student.
maintenance task		
for the N95		Ref: N95 Companion Operation
companion		and Service Manual. Ref:
		www.TSI.com
4.3.6	An understanding of:	Demonstrates knowledge of
Troubleshooting	• When a re-test is appropriate.	troubleshooting following
	• Examination of the facepiece.	manufacturers' instructions and
	What to communicate to wearer and employer.	general knowledge of test method.
	Diagnose and rectify problems with the fit of the facepiece	
	Diagnose and rectify problems with the fit test equipment	
	Suspiciously High Fit Factors	
4.3.7	Interpretation of results	
Interpretation of	o Border line pass	
results	 Wearer generated particles 	
	 Out of trend pass fit factors 	



	Illed negative pressure (CNP)	
4.4.1 Knowledge of Controlled Negative Pressure Device (Fit Tester 3000)	 An understanding of: How the CNP functions and how it is used to measure the face fit with a tight-fitting facepiece. Modes of operation. The potential safety hazards 	Ref: OHD operation and service manual.
4.4.2 Equipment required	 CNP within calibration Means of recording the instrument measurements e.g. computer and software Suitable fit test adapter for CNP method and type of mask being fit tested 	Demonstrates knowledge of what equipment is required
4.4.3 Test equipment preparation Set-up the CNP ready for use.	 An understanding of: How to assemble the hardware Measuring instrument checks (calibration etc) ensure they are saved on the system and a print out is saved to the records file. Setting the appropriate negative test pressure Setting up the appropriate test exercises and sample times Checking the facepiece and user instructions Using the correct pass/fail criteria 	Demonstrates knowledge of how to prepare the fit test equipment and the practical skills in setting up the equipment and database for recording the test Ref: OHD user operating manual
	 Configure the software and perform the following task: Select/create a user database Populate the people database. Populate the respirator database Select the applicable protocol from the database. 	Demonstrates use of the CNP instrument checks. Understanding of what it does, and remedial action which may be necessary
4.4.4 Prepare a RPD for fit testing using an adaptor	Use a suitable adaptor to prepare the RPD for fit test	Demonstrates practical skill in preparing RPD for fit testing.



	Accreditation Scheme FitzFit - Synabus January 2015	
4.4.5	Perform a quantitative fit test using the FitTester 3000 on an individual wearing a	Demonstrates in depth
Conduct a fit test	tight-fitting face mask.	understanding of and the
	Brief wearers on the conduct and safety and the test content	practical skills in how to perform
	• Maintain control of the wearer during the test. (Note: For this method it is more	a fit test. Demonstrates in depth knowledge
	 essential that there is good communication between the wearer and the fit tester) Monitor the wearer and function of equipment throughout the test to ensure 	of the requirements on the wearer
	correct application and breath holding during the test	during the fit test.
	• Ensure that the start of the fit factor measurements, following each fit test	Demonstrates consideration for
	exercise, and the point at which the wearer holds their breath are correctly synchronized.	the safety of the wearer.
	Manage the fit test data	
	Procedures if the fit test fails	
	• Investigate reason for the fit test failure	
4.4.6	Close down the equipment and store for safe transit	Demonstrate an understanding
Post fit test		and practical skill in closing down
		the equipment
4.4.7	Perform user maintenance task on the FitTester 3000 as required	Ref:OHD user operating manual
CNP user	Requirements for calibration	Part number 9508-0344 revision
maintenance 4.4.8	An understanding of:	Demonstrates knowledge of
Troubleshooting		troubleshooting following
Troubleshooting	When a re-test is appropriateExamination of the facepiece	manufacturers' instructions and
	What to communicate to wearer and employer	general knowledge
	 What to communicate to wearer and employer Diagnose and rectify problems with the fit test equipment 	Series as twice weaks
	Diagnose and rectify problems with the fit test equipment	Ref: OHD user operating manual HSE282/28 paras 74 - 79



	Accreditation Scheme 1 ltzr it - Synabus bandary 201	9
4.4.9	Interpretation of results	Demonstrates knowledge of the
Interpretation of	Border line pass	circumstances which may
results	"Re-test advised" message	influence the result of the tests.
	 Out of trend pass fit factors The effect of excessive negative test pressures The effect of a short fit test time 	Demonstrates knowledge of the suitable corrective actions
		Ref: OHD user operating manual HSE282/28 paras 74 - 79
Method 5. Test c	hamber (BSEN136/BSEN140/BSEN149)	•
4 7 4		

4.5.1

Applicable quality and competence standards:

UKAS/ISO 17025 accreditation

ISO 9001 certification